

**Pennsylvania Orders for Life-Sustaining Treatment  
*POLST Doing it Right! Virtual Course***

**Tuesday, May 3, 2022**

**1:00 p.m. – 3:30 p.m.**

**Sponsored by Jewish Healthcare Foundation**

Joint Providership by  
University of Pittsburgh School of Medicine  
Coalition for Quality at the End of Life (CQEL)

**Faculty**

**Judith S. Black, MD, MHA**

Jewish Healthcare Foundation Physician Advisor,  
National POLST Paradigm Task Force Member

**Kalpana Char, MD**

Associate Vice President, Special Needs Program Medical Services, UPMC Health Plan

**Justin Engleka, GNP-BC, ACHPN, MBA**

Senior Palliative Care Program Manager, Helion

**Jeanne Kerwin, D.MH, HEC-C**

Clinical Ethics & Palliative Care Consultant

**Margaret Kreher, MD, FACP**

Clinical Associate Professor, Division of Geriatrics and Palliative Care,  
Family and Community Medicine, Thomas Jefferson University, SKMC

**Suzanne Labriola, DO**

Primary Care and Integrated Medicine, Pittsburgh Health Partners

**Libby Moore, LSW, DHCE**

Director, Federated Guardians

**Alexander Nesbitt, MD**

Medical Director, UPMC Susquehanna Health Supportive and Palliative Care

**Course Description**

Join us for a virtual session of POLST: Doing it Right! to learn more about facilitating POLST and end-of-life conversations. This blended course will feature 2.5 hours of self-paced learning to enhance understanding of POLST and a virtual 2.5-hour training. During the virtual portion of the session, participants will be provided with tools and techniques to facilitate POLST conversations and have an opportunity to practice discussions through expert-led role-plays.

**Who Should Attend**

Healthcare professionals, including physicians, physician assistants, CRNPs, nurses, social workers, chaplains, and others, who care for individuals approaching the end of life and wish to enhance their ability to engage in effective goals-of-care conversations with patients, families, and surrogates

**Course Objectives**

Participants will:

- Review background & history of PA POLST.
- Discuss techniques and tools to improve POLST conversation facilitation skills
- Review teaching materials which attendees can use across all healthcare settings
- Demonstrate ability, competence, and comfort level when facilitating conversations with patients/residents through role-plays and case studies

## Accreditation and Credit Designation

### Joint Providership

In support of improving patient care, this activity has been planned and implemented by the University of Pittsburgh and the Coalition for Quality at the End of Life (CQEL). The University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

### Physician (CME)

The University of Pittsburgh School of Medicine designates this blended activity for a maximum of 5.0 AMA PRA *Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Nursing (CNE)

The maximum number of hours awarded for this Continuing Nursing Education activity is 5.0 contact hours.

### Social Work (ASWB)

As a Jointly Accredited Organization, the University of Pittsburgh is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. The University of Pittsburgh maintains responsibility for this course. Social workers completing this course receive 5.0 continuing education credits.

### Other Healthcare Professionals

Other healthcare professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

**A 2.5 hour online prerequisite course must be completed prior to the live virtual session.**

**Registration deadline is April 29, 2022.**

**There is no program fee to attend.**

**Registration link: [www.papolst.org/events/polst-doing-it-right-05-03-2022](http://www.papolst.org/events/polst-doing-it-right-05-03-2022)**



**Upon registering, you will receive the link for the live Zoom session and instructions.**

**Cancellations: All cancellations must be sent via email to [jordan@jhf.org](mailto:jordan@jhf.org)**

Note: Space is limited to approximately 24 participants.

Registrations will be accepted on a first-come basis.

For further information, contact Maureen Saxon-Gioia at [gioia@jhf.org](mailto:gioia@jhf.org)